



## M.Saad Riaz Bhatti

**Date of birth:** 02/09/1993

**Nationality:** Pakistani

**Gender:** Male

### CONTACT

Street no 20 Jamilabad G.T  
Road Wah Cantt,  
47040 Wah Cantt, Pakistan  
(Home)

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(+92) 3015444024

[https://web.facebook.com/  
sadi.sid.180](https://web.facebook.com/sadi.sid.180)

### EDUCATION AND TRAINING

06/08/2012 – 06/08/2013 Wah Cantt, Pakistan

**Matriculation** Matriculation Punjab Public and Secondary School

10/05/2013 – 10/01/2017 Wah Cantt, Pakistan

**DAE Electrical** Government College Of Technology Taxila

2009 Wah Cantt, Pakistan

**Shotokan Karate** Pakistan ordnance factory Sports Complex

2010 – 2011 Wah Cantt, Pakistan

**Squash Player** Jahangir Khan Squash Club

2013 Wah Cantt, Pakistan

**Taekwondo Karate** Pakistan Ordnance Factory Sports Complex

2019 Lahore, Pakistan

**Steroid and Supplements Awareness** Punjab Olympic Association (POA) & Pakistan Sport Board (PSB)

2023 Islamabad, Pakistan

**Elite Rehab Level 1 course** Pakistan Sports Board (PSB)

2023

**Level 2 Strength, Fitness, and Anti-Doping Refresher Coaching Course** Pakistan Sports Board (PSB)

### WORK EXPERIENCE

02/01/2009 – CURRENT Wah Cantt, Pakistan

**Personal trainer & Nutritionist** Saad Riaz Bhatti

10/02/2014 – 10/02/2015 Wah Cantt, Pakistan

**Junior Coach Saad Riaz Bhatti 10/02/2014 – 10/02/2015 wah cantt , Pakistan** Saad Riaz Bhatti

23/03/2015 Wah Cantt, Pakistan

**Management assistant National Marathon 2015 Pof Saa d Riaz Bhatti**

17/03/2017 – 02/09/2018 Wah Cantt, Pakistan

**Electrician Pof Weapon Factory Shop A30** Saad Riaz Bhatti

10/10/2018 – 08/06/2021 Wah Cantt, Pakistan

**Assistant clinical Psychotherapist** Saad Riaz Bhatti

2018 – CURRENT Wah Cantt, Pakistan

● **Online Coaching/Personal Trainer in Australia/China/Dubai/Saudi Arabia/Qatar** Saad Riaz Bhatti

20/10/2023 – CURRENT Taxila, Pakistan

● **Data entry operator Hi-Tech Taxila** Saad Riaz Bhatti

## DIGITAL SKILLS

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access | Spoken English

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Urdu | Panjabi; Punjabi

**Other language(s):**

**English**

**Listening** A2

**Reading** A2

**Writing** A2

**Spoken production** A2

**Spoken interaction** A2

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**Arabic**

**Listening** B1

**Reading** A2

**Writing** A2

**Spoken production** B1

**Spoken interaction** B1

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*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ADDITIONAL INFORMATION

**Driving Licence**

● **Driving Licence: A**

● **Driving Licence: B**

**Honours and awards**

● **2017** International Fitness and Bodybuilding Federation - Asian Fitness and Bodybuilding Federation

● **Best Coach**

**Projects**

● **2017 – 2019**

● **Bodybuilding Judging**

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*Highly dedicated and versatile professional with a proven track record in fostering physical and mental well-being. A certified Personal Trainer, Gym Coach, and Psychotherapist with a passion for helping individuals achieve their fitness goals and enhance their mental health. A unique skill set that combines physical fitness expertise with psychological insights, creating a holistic approach to overall wellness. Recognized for exceptional communication skills, empathy*