


Dr Shahida Parveen

 **Home** : Street no 20 Jamilabad G.T Road Wah Cantt, 47040, Wah Cantt, Pakistan

 **Email:** saadibhatti05@gmail.com  **Phone:** (+92) 3085616735

Gender: Female **Date of birth:** 15/05/1959 **Nationality:** Pakistani

EDUCATION AND TRAINING

[28/07/1986]

Diploma in Nursing

Federal Government Poly Clinic (Post Graduate Medical Institute) Islamabad

City: Islamabad

Country: Pakistan

[28/07/1986]

Anatomy & Psychologist

Federal Government Poly Clinic (Post Graduate Medical Institute) Islamabad

City: islamabad

Country: Pakistan

[28/07/1986]

Gygiene.Medical & Surgical Nursing in Men.Women & Childrens

Federal Government Poly Clinic (Post Graduate Medical Institute) Islamabad

[03/1988]

Midwifery

NEBP Nursing Examination Board Punjab

City: Lahore

Country: Pakistan

[10/03/1989]

Nephrologist - Hemodialysis - Peritoneal - Histopathologists

Federal Government Services Hospital Islamabad

[23/03/2015]

Management Assistant (Female) National Marathon 2015 Pof

Pakistan Ordnance Factory Sports Complex

[26/03/2019]

Homeopathic Doctor

National Council for Homoeopathy, Pakistan

City: Taxila

Country: Pakistan

[2023]

Elite Rehab Level 1 course

Pakistan Sports Board (PSB)

City: Islamabad

Country: Pakistan

[2023]

Level 2 Strength, Fitness, and Anti-Doping Refresher Coaching Course

Pakistan Sports Board (PSB)

City: Islamabad

Country: Pakistan

WORK EXPERIENCE

[1990 – Current]

Gynaecologist

Dr. Shahida Parveen

City: Wah Cantt

Country: Pakistan

[2005 – Current]

Personal trainer & Nutritionist (Female)

Dr. Shahida Parveen

City: Wah Cantt

Country: Pakistan

[2007 – Current]

Online Coaching/Personal Trainer Female Pakistan/Kuwait/Saudi Arabia

Dr. Shahida Parveen

City: Wah Cantt

Country: Pakistan

BUSINESS

[2005]

Owner of Eagle Power Gym Nawabad Wah Cantt

PAKISTAN NURSING COUNCIL ISLAMABAD

[2022 – Current]

Registered Nurse (PNC)

LANGUAGE SKILLS

Mother tongue(s): Urdu

Other language(s):

English

LISTENING B2 READING C1 WRITING C1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

As a board-certified gynecologist, I specialize in diagnosing and treating a wide range of women's health issues. In addition to my work as a gynecologist, I am passionate about the transformative journey of pregnancy and childbirth. My nursing background adds depth to my practice, allowing me to integrate a holistic approach to patient care. I have worked in various healthcare settings, honing my skills in patient education, preventive care, and collaborative healthcare delivery.