





# SADIA GULL HASHMI

## Sports Coaching Specialist

### PERSONAL

**Father Name** Fazal haq Shah  
**Date of Birth** 24/06/1987  
**Gender** Female  
**CNIC** 36302-6129093-0  
**Marital Status** Married  
**Nationality** Pakistani  
**Domicile** Multan ( Punjab )  
**Religion** Islam  
**Permanent Address** Niaz Town Street No 2 Near Bilal Chowk Old Shujabad road Multan  
**Present Address** Ward No 14 Grass Mandi Phatak Street No 3 Mohallah Ghareebabad Multan, Pakistan

### CONTACT

 +923047363212  
+923061074517  
 gulabgulabshah7@gmail.com

### GAMES

- Badminton
- Tennis
- Cricket
- Cycling
- Motor Bike

### ABOUT

Seeking a challenging and responsible position in a progressive organization with an aim to contribute positively towards the achievement of its objectives to the best of my capabilities and to develop and improve my professional skills.

### EDUCATION

- **M.Phil** **2022 - Continue**  
G.U KPK
- **M.Ed** **2015**  
Allama Iqbal Open University, Islamabad
- **M.Sc** **2013**  
BZU Multan
- **B.Ed** **2013**  
Allama Iqbal Open University, Islamabad
- **B.A** **2009**  
BZU Multan
- **F.A** **2006**  
BISE Multan
- **Matric** **2003**  
BISE Multan

### EXPERIENCE

- **Lecturer & DPE Sports** **06 Years**  
Cantonment High School Girls College Ministry of defence Multan
- **Sports Coaching Lecturer** **04 Years**  
Govt Zainab degree College Multan

## LANGUAGES

---

- English
- Urdu
- Punjabi
- Saraiki

## SKILLS

---

- Self Motivated
- Qualified and experienced professional
- Ambitious, Hardworking and Energetic
- Good Communication Skills
- Good Oral and Written Skills
- Well-Disciplined and Soft Spoken

- **Teacher** **02 Years**

Al Haq Girls High School, Multan

- **Lecturer & DPE Sports** **06 Years**

CPS & C School and College Cantonment Board Multan

## CERTIFICATES

---

- **Level - I Strength and Conditioning Coach**

Pakistan Strength and Conditioning Association

- **Best Lecturer Jersey Awarded**

Riphah International University, Islamabad

- **Level - II Strength and Conditioning Coach**

Physiologic and pakistan Strength and Conditioning Association

- **Level - I Elite Rehab Coach**

Physiologic and pakistan Strength and Conditioning Association

- **Level - II Elite Rehab Coach**

Physiologic and pakistan Strength and Conditioning Association

- **Certificate for Head Coach and Main Referee in different Colleges and Universities**

- **Discipline Maintenance**

Cantt Public School and College Multan

- **Best Result in SSC and HSSC Session 2019 - 2020**

Cantt Public School and College Multan

- **Excellent Result in SSC & HSSC - II 2021**

Cantt Public School and College Multan

- **Excellent Result in SSC & HSSC - II 2022-2023**

Cantt Public School and College Multan

- **Certificate of Excellence for Director physical Education**

C.B Public High School and College Multan Cantt

- **Accomplishing Online Teaching Session**

Cantt Public School and College Multan

- **Recognition of Services as Admission Coordinator**  
Cantt Public School and College Multan
- **Certificate of Excellence**  
Army Public School and Colleges System Multan Region
- **Teacher Appreciation**  
Cantt Public School and College Multan
- **Appreciation on Online Teaching**  
Cantt Public School and College Multan
- **Outstanding Contribution**  
Inter Region CPES Annual Sports Gala, 2019
- **Attended Workshop Know your World SST for Pakistan**
- **All Rounder Trophy Inter Collegiate**
- **Trophy Medal Loan Tennis 2003**
- **Trophy Medal Heavy Bike 2004**
- **Got Certificate and declared as best Tennis, Cycling & Cricket Player at Govt. Sacred Heart High School Multan Cantt.**
- **Got 1<sup>st</sup> Position in Cycling at Govt. Degree College for Women Mumtazabad**
- **Got 1<sup>st</sup> Position in Badminton at Govt. Degree College for Women mlatabad**
- **Got Certificate of Inter-Collegiate Tournament Volley Ball Runner-up at Bahauddin Zakariya University Multan**
- **Got Certificate of Inter-Collegiate Tournament Cricket (Winner) at Bahauddin Zakariya University Multan (2011-2012)**
- **Got Certificate of Inter-Collegiate Tournament Cricket (Winner) at Bahauddin Zakariya University Multan (2012 -2013)**

- **Got Trophy of Inter-Collegiate Tournament Cycling (1" Winner) at Govt. Sahiwal College. (2008)**
- **Certificate of Participation Coaching/ Technical Official Course of Volley Ball at Bahauddin Zakariya University Multan**
- **Inter Department (2011-2012) winner from Bahauddin Zakariya University Multan.**
- **Inter Department Cricket (2011-2012) winner from Bahauddin Zakariya University Multan.**
- **Inter Department (2012-2013) winner from Bahauddin Zakariya University Multan.**
- **Inter Department Badminton from Bahauddin Zakariya University Multan.**
- **Inter Department Basketball from Bahauddin Zakariya University Multan.**
- **Participate in Punjab Youth Festival Games Cricket and Tug of War (2011-2012)**
- **Certificate of Excellent Performance In School & College Activities**
- **Certificate of languages Course from Computer Center Govt. College for Women Multan (2006)**
- **Certificate of Windows Application (Operating System. Windows, MS Office Internet, Trouble Shooting from Computer Center Govt, College for Women Multan**
- **Certificate of (CPELC Program) from British International School (2009)**
- **Certificate from National Youth Organization for Seer-un-Nabi, Naat Khawani. Qirrat and Speech**