



# Nasik Araiz

MBBS (3rd year student)

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- 📍 MDA Chowk, Royal Homes 30 ft Street, Airport road, Multan----- currently the resident of China, Hangzhou

## OBJECTIVE

Passionate, research-driven student looking to gain the necessary skills at ZCMU (Zhejiang Chinese Medical University) to begin a career in biomedical research under clinical medicine (mbbs) and try my level best to maximize patient wellness and facility profitability

## SKILLS

- Having vast knowledge in nutrition as from early puberty I was conscious regarding my diet plans
- Enhanced my knowledge in different ways of communication
- Affectionate in leadership behaviour interpersonally by professional attitude, ethics and flexibility in my lifetime and goals

## LANGUAGES

## EDUCATION

- 🎓 **British International School system, Matric, SSC (Pre medical)**  
Mar, 2017 - Apr, 2019
- 🎓 **ZCMU (Zhejiang Chinese Medical University), Hangzhou city, China, MBBS (Clinical Medicine)**  
Nov, 2021 - Present
- 🎓 **Southern Punjab Institute of Health Sciences / The City College, Gained certificate in psychology training / Participated in International speech competition quiz**  
Nov, 2018 - Feb, 2019
- 🎓 **The City College, Intermediate, HSSC (premedical)**  
Mar, 2020 - Jun, 2021

## EXPERIENCE

- 🛍️ **China, Hangzhou, 7 years of gym expertise**  
Jan, 2018 - Jan, 2020  
Remained personal physical fitness trainer including gym instructor

## ACHIEVEMENTS

- 🏆 **Toured to China, Thailand, Qatar**  
I voyaged these countries by my own earnings from

- Proficient in English, Urdu, Punjabi, Saraiki, Arabic, Chinese

## INTERESTS

- Football/ Camping

online platforms



**My team secured second position in asain games/ became body builder at Asian fashion show held in culture week, china(zcmu)**

We were the second runner up in tugg of war and our team ranked at 4th position from 16th ranked, it was a challenging and proud full moment for our team due to tough competition rather we won by 4 matches of tugg of war

## CERTIFICATIONS



**PSCA(Pakistan, Strength and conditioning Association association)- Rehabilitation-Fitness-Pre association,** Accomplished level 2 course at Sep, 2023



**PSCA(Pakistan, Strength and conditioning association),** Accomplished level 1 course at Jan, 2022



**Pakistan Sports Board,** Achieved professional certificate by Pakistan sports Board by completing coaching and trained properly myself for it Aug, 2023