

ROMA

UMME ROMAN



**FITNESS AND NURTRITION EXPERT
HEALTH EDUCATIONIST
WELLNESS COACH**

**Strength and conditioning
level 2 (PSCA)**

**MSc in
Health and Physical Education
and Sports Sciences**

**Athletics coaching course
(IAAF)**

**CEO
SpeedStars
Track and Field club
at Pakistan sports board
Karachi center**



SPEEDSTARS
TRACK & FIELD

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